

## Breakfast

Breakfast Quinoa

Bowl

agave nectar, berries, mint, roasted coconut,

avocado, groundcherry

22

Seasonal Sliced

Fruit & Berries

Selection of seasonal fruits and berries

22

vegar

vegan . tree nut

As part of The Plaza's commitment to environmental stewardship, this menu contains locally sourced, organic or sustainable items wherever possible. 100% of eggs served at The Plaza are cage free. All cuisine is prepared without artificial trans fat. Created using fresh and nutritionally balanced ingredients.

Please inform your server of any allergies. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

SMOOTHIES

Buckingham Banana 18

Greek yogurt, banana, agave nectar, whole milk

Berry Protein 22

Realm, Strawberries, banana, coconut powder

Choice of: low fat, whole, almond, soy milk

Morning Boost 24

Dates, blueberries, avocado, chia seeds, spinach

Choice of: low fat, whole, almond, soy milk

Our smoothies are made with **Realm**, a nutrient-rich

mix of fruits, veggies, superfoods, and plant protein. A

certified Women Owned business, Realm is committed

to eliminating food waste and lowering their carbon

footprint.

Add to any smoothie: +4

## WAKE-UP WELLNESS

Bircher Muesli

Swiss Alpen muesli, apple, raspberry, toasted almond, pistacho 24

> nuts . dairy Granola

Parfait Greek yogurt, seasonal berries, honey 20

dairy . nuts

Local Artisanal

Cheeses

Three Murray's cheeses, crackers, seasonal jam, roasted walnut, dried apricot

32

dairy . nuts . gluten



### The Plaza American

Two eggs any style, tomato jam, breakfast potatoes Choice of: bacon, chicken apple sausage, pork sausage Choice of: freshly squeezed juice Choice of: Coffee or organic loose leaf tea Choice of toast: sourdough, rye, wheat, white, multigrain, English muffin, gluten-free, pita Served with Vermont butter, jams and honey

52 dairy . eggs . gluten

# PLAZA SIGNATURES

McCann's Steel Irish Oatmeal Sour cherries, organic brown sugar, candied pecan

Continental

Choose three baked pastries: croissant, multigrain croissant, pain au chocolat, chocolate twist Seasonal Danish, seasonal muffin, seasonal sliced fruit, Greek yogurt. seasonal compote

Choice of: freshly squeezed juice

Choice of: Coffee or organic loose leaf tea

Served with Vermont butter, jams and honey

42

dairy . eggs . gluten

18 vegan . nuts

Eggs Any Style Two eggs any style, tomato jam, breakfast potatoes

Choice of: bacon, chicken apple sausage, pork sausage

Choice of toast: sourdough, rye, wheat, white, multigrain, English muffin, gluten-free, pita 30

eggs . dairy . gluten

Omelette

Tomato jam, breakfast potatoes

Choice of: cheddar, Swiss, American cheese, goat cheese, bacon, ham, bell peppers, jalapeños, tomato, red onion, mushroom, spinach Choice of toast: sourdough, rye, wheat, white, multigrain, English muffin, gluten-free, pita

32 eggs . dairy

Short Rib Hash Two poached eggs, braised short rib, onions, red & green peppers, potatoes, jalapeño 38

> eggs Eggs Benedict

Two poached eggs, English muffin, hollandaise sauce, tomato jam, breakfast potatoes Choice of: Canadian bacon, smoked salmon

36 eggs . dairy . gluten

### Buttermilk Pancakes or French Toast

New York maple syrup Choice of: banana, blueberry, chocolate chip, or seasonal fruit compote Gluten free available upon request

30 eggs . dairy . gluten

Avocado Toast

Sourdough toast, two poached eggs, smashed avocado, Choice of: smoked salmon +4 or lobster +10 36 eggs . dairy . gluten

## SIDES 14

Bacon

Chicken Apple Sausage Pork Sausage Cambridge House Smoked Salmon **Breakfast Potatoes** Sliced Avocado

NY Bagel & Cream Cheese

## Mixed Green Salad

Hash Browns

Toast 12 Choose three: sourdough, rye, wheat, white, multigrain, English muffin, gluten-free, pita

Viennoserie 12

Choose three: seasonal Danish, seasonal muffin, croissant, multigrain croissant, pain au chocolat, chocolate twist

## BEVERAGES

### HOT

Le Palais Des Thés, Big Ben Breakfast Tea A wonderful English breakfast blend of black teas from Yunnan, China & Assam, India

> Le Palais Des Thés, Thé de Lords 13 Earl grey with a pronounced bergamot flavor

Dell'aria Coffee Ethically sourced beans & locally roasted in New York American regular or decaffeinated 12 Espresso single 13 / double 19 Cappuccino or latte 15

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Freshly Squeezed 17 Choice of: Orange, grapefruit, pineapple, carrot

Green Cleanse 18 Kale, cucumber, ginger, green apple, spinach

Juices 12 Choice of: Cranberry, pineapple, organic apple, tomato



Breakfast