



URBAN WELLNESS RETREAT

A MOMENT OF CALM FOR THE BODY & MIND

GUERLAIN
SPA

DISCOVER A RITUAL THAT IS UNIQUE;
A SERIES OF TREATMENTS THAT REGENERATE THE BODY
AND THE MIND. SELECT FROM ONE OF OUR WELLNESS
DAY PACKAGES TO ESCAPE AND REJUVENATE.

A WORKOUT FOR YOUR FACE & BODY - 3H30

The heart of the treatment is an intense stimulation of the cellular renewal process leading to additional firmness and elasticity of the skin both on the face and the rest of the body. Continue the toning and firming with a yoga class.

BEAUTY LIFT - 50 MIN | BODY LIFT - 80 MIN | YOGA CLASS - 80 MIN | \$500

REDEFINE YOUR SILHOUETTE - 3H

The Guerlain Slim and Trim Silhouette Treatment instantly targets your needs and adapts to your body to redefine your silhouette. Then enjoy a Kundalini Yoga class - focused on building physical vitality and increasing consciousness.

SLIM & TRIM SILHOUETTE - 110 MIN | KUNDALINI YOGA - 50 MIN | \$500

BOOST YOUR ENERGY - 3H10

Improve circulation and restore balance while toning and reshaping the body. Enjoy two spa treatments and then discover Kundalini Yoga - known for building physical vitality and increasing consciousness.

REFLEXOLOGY REVIVAL - 50 MIN | DEEP MUSCULAR MASSAGE - 80 MIN
KUNDALINI YOGA - 50 MIN | \$500

Visit guerlainspas.com or contact our Spa Reservations at 212. 872. 7200 today to plan your urban wellness retreat.
*PLEASE NOTE, PACKAGES MUST BE BOOKED SEVEN DAYS IN ADVANCE. A 14 DAY CANCELLATION NOTICE IS REQUIRED.
OTHER RESTRICTIONS MAY APPLY.

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